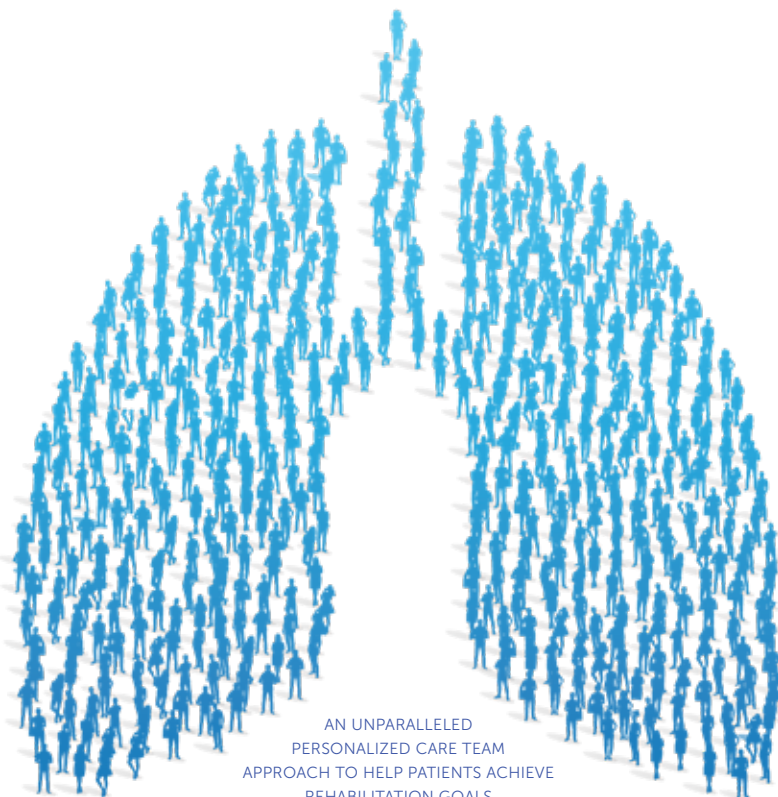


A BREATH OF FRESH AIR IN PULMONARY CARE



AN UNPARALLELED
PERSONALIZED CARE TEAM
APPROACH TO HELP PATIENTS ACHIEVE
REHABILITATION GOALS

The best clinical teams and technology for improving Pulmonary endurance and respiratory function.

Thrive is at the forefront of medical innovation to help patients recover sooner. We combine personal care teams, customized patient care plans, leading edge technology, and welcoming hospitality to make Thrive the better, smarter choice for patients facing pulmonary challenges.

- **COPD**
- **ASTHMA**
- **EMPHYSEMA**
- **CHRONIC BRONCHITIS**
- **PNEUMONIA**
- **MEDICALLY COMPLEX**
- **POST COVID SYNDROME**
- **TRACHEOTOMY**

YOUR PERSONAL CARE TEAM

Professionals with specialized clinical skills who work closely together to develop and implement your individualized care plan:

- *In-house Physical, Occupational and Speech Therapists*
- *Respiratory Therapist*
- *Internal Medicine Physician & Nurse Practitioner*
- *Pulmonary Nurse Practitioner (NP)*
- *Registered Nurse (RN)*
- *Psychologist*
- *Registered Dietitian (RD)*
- *Social Worker (SW)/ Discharge Planner*



THE GOALS OF OUR PULMONARY REHABILITATION PROGRAM

- Decrease any unnecessary hospitalizations
- Increase ability to participate in activities and personal care
- Increase quality of life
- Manage patient's shortness of breath and the anxiety it brings
- Increase patient's and support system's understanding of their particular lung disease
- Provide education on medication management
- Provide a discharge plan for the individual to be successful at the next level of care
- Overall wellness and building better habits

STATE OF THE ART THERAPY TECHNOLOGY

OmniFlow™ – the remarkable breathing therapy biofeedback system that provides interactive breathing exercises using visual feedback in a virtual experience. Research shows patients perform more exercises when motivated by positive visual feedback, and therefore make quicker healing progress. OmniFlow™ enables patients to improve respiratory capacity and endurance for daily life activities as well as decrease dependence on supplemental oxygen.

LiteGait® – the most advanced technology for gait therapy offers a versatile, flexible environment to ensure total safety while encouraging development of complete independence of movement. In less time, patients are able to safely engage in daily life activities.



LiteGait®

PULMONARY REHABILITATION PROGRAM

OUR INTERDISCIPLINARY TEAM OF EXPERTS COLLABORATING ON YOUR CARE

IN-HOUSE PHYSICAL/OCCUPATIONAL AND SPEECH THERAPY

- Energy conservation techniques
- Breathing strategies: pursed lip breathing, diaphragmatic breathing
- 6-minute walk test on admission and throughout stay to show progress
- Joint mobility, balance, and endurance

RESPIRATORY THERAPY

- Oxygenation management
- Breathing technique education
- Oxygen weaning

PULMONARY NURSE PRACTITIONER

- Review current treatment plan
- Make recommendations for next level of care
- Disease management education
- Medication education
- Manage exacerbations
- Immunization education

NURSING

- Disease management education
- Medication administration and teaching
- Oxygenation and vital sign management
- Immunization education

PSYCHOLOGIST

- Anxiety management
- Stress management

REGISTERED DIETITIAN

- Meal management
- Weight management

SOCIAL SERVICES/DISCHARGE PLANNER

- Arrange durable medical equipment (DME)
- Arrange home health
- Coordinate in-home support services



thrive ▶▶

PERSONALIZED MEDICAL REHABILITATION

Thrive of Fox Valley
4020 E. New York Street
Aurora, IL 60504
331-301-5590

Thrive of Lisle
2850 Ogden Avenue
Lisle, IL 60532
331-249-6200

Thrive of Lake County
850 US Highway 45
Mundelein, IL 60060
847-377-7200

[ThriveAhead.com](https://www.thriveahead.com)